

What Is Claimed Is:

1. A microscope stage comprising:
an upper stage comprising a first color; said upper stage comprising a recess therein;
and
a contrasting stage insert; said contrasting stage insert comprising a second color different from said first color; said contrasting stage insert configured for removable complementarily receipt within said recess.
2. The microscope stage of Claim 1 wherein said contrasting stage insert comprises alignment means for aligning said contrasting stage insert within said recess.
3. The microscope stage of Claim 2 wherein said alignment means comprises a recess pin and a contrasting stage insert bore.
4. The microscope stage of Claim 1 wherein said contrasting stage insert comprises releasable fastening means.
5. The microscope stage of Claim 4 wherein said releasable fastening means comprises a magnet.
6. The microscope of Claim 4 wherein said releasable fastening means comprises a springed detent.

7. The microscope stage of Claim 1 comprising an illuminable contrasting stage insert.
8. The microscope stage of Claim 7 wherein said illuminable contrasting stage insert is illuminated by means of at least one LED.
9. A microscope stage comprising:
an upper stage comprising a first color; and
a contrasting stage insert comprising a second color,
said contrasting stage insert comprising a portion of said upper stage background.
10. The microscope stage of Claim 9 wherein said contrasting stage insert comprises a painted surface.
11. The microscope stage of Claim 9 wherein said contrasting stage insert comprises a magnetic surface.
12. The microscope stage of Claim 9 wherein said contrasting stage insert comprises an adhesive film.
13. The microscope stage of Claim 9 wherein said upper stage comprises a recess and said contrasting stage insert is operatively arranged for releasable complementary receipt therein.

14. The microscope stage of Claim 13 wherein said contrasting stage insert further comprises alignment means.

15. The microscope of Claims 13 wherein said contrasting stage insert further comprises fastening means.

16. The microscope of Claim 13 wherein said contrasting stage insert is illuminable.

17. A device for providing contrast between a microscope stage and a specimen comprising:

a microscope stage comprising a contrasting stage insert having a first color;

a specimen comprising a second color;

said first color of said contrasting stage insert different from said second color of said specimen.

18. The device of Claim 17 wherein said contrasting stage insert is releasably secured to said microscope stage.

19. The device of Claim 17 wherein said contrasting stage insert comprises a releasable fastening means.

20. The device of Claim 19 wherein said fastening means comprises a magnet.